

Nebraska Child Safety Restraint Law ***Following Passage of LB 42***

Current Law (effective through December 31, 2018)

All children up to age six must ride correctly secured in a federally-approved child safety seat.

Children ages six to eighteen must ride secured in a safety belt or child safety seat.

Childcare providers must transport all children securely in an appropriate child safety seat or safety belt.

Children up to age eighteen are prohibited from riding in cargo areas.

Violation carries a \$25 fine plus court costs and 1 point is assessed against the operator's driving record.

New Law Following Passage of LB42 (effective January 1, 2019)

All children up to age eight must ride correctly secured in a federally-approved child safety seat.

Children ride rear-facing until up to age two or until they reach the upper weight or height limit allowed by the car seat's manufacturer.

Children under age eight must ride in the back seat, as long as there is a back seat equipped with a seatbelt and is not already occupied by other children under eight years of age.

Children ages eight to eighteen must ride secured in a safety belt or child safety seat (booster seat).

Childcare providers must transport all children securely in an appropriate federally-approved child safety seat or safety belt.

Children up to age eighteen are prohibited from riding in cargo areas.

Violation carries a \$25 fine plus court costs and 1 point is assessed against the operator's driving record.



Counties served: **Adams, Buffalo, Clay, Hall, Hamilton, Howard, Kearney, Merrick, Sherman, York**

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Counties served: **Adams, Clay, Nuckolls, Webster**

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Counties served: **Aurthur, Chase, Custer, Dawson, Frontier, Gosper, Hayes, Lincoln, Mcpherson, Perkins**

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Counties served: **Boyd, Holt, Rock**

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Counties served: **Banner, Cheyenne, Duel, Garden, Kimball, Scotts Bluff**

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Community Corner

WANTED: A good friend for my lonely child

"I don't want to go to school. I don't have anyone to play with!" That was what I heard my daughter crying to me a few mornings ago. As a parent, that is definitely a heart-wrenching thing to hear your child say. Even worse, as parents, we feel so helpless in mending the heart of the child who feels alone and friendless in a world where having someone to play with means everything to them. Although I can't make someone friend my child, I can certainly teach my own child three important habits to help her thrive during the critical years of learning about having, but more importantly *being* a good friend.

Habit #1: Life isn't a "Me" show, ask other's about themselves.

Ouch! A very hard lesson to learn at a ripe elementary school age, huh?! ☺ Sometimes kids try so desperately to fit in that they go into a session of bragging of their personal haves and guess what I've done that they can't forego saying "Me, too!" in order to dig a little deeper and find out about the interests and experiences of others. Encourage your child to explore the world through the eyes of their peers by asking questions such as, "What did you do this weekend?" Explain to your child that allowing another child to have the opportunity to share something about him or herself might allow that child to think that's pretty cool of you to be so nice to allow me to talk. I mean, after all, what kid doesn't like to talk about themselves... Children are viewed as easier to be around when they stop talking about themselves and learn more about the people around them. Coach your child to learn one new thing about a friend each week.



Habit #2: Put yourself in someone else's shoes.

Young children can naturally be self-focused, not realizing, for example, that the buddy they invited over is not interested in playing the same games or watching the same movies that they are. Instead of just telling your child to be a good friend, pull them aside and ask them to consider the feelings of their friend by asking, "What do you think your friend feels like when you don't want to play any of the games they are interested in?" Teaching sensitivity becomes especially important during the middle school years when kids aren't as accepting of one another. Kids need to know that they don't have to be close buddies with everyone, but they do have to be sensitive to the feelings of others.

Habit #3: If you build it, they will come... FOR REAL!!!

There is certainly life outside of school. The only way for children to become friends is to spend time together. Not just time during the school day, but after school and on weekends too! So often I hear parents say, "My kid never gets invited to a friend's house." I reply with, "Well, how often do you invite a friend over to your house?" Usually they respond, "Hardly ever." MMM... Someone has to take the initiative. Before kids can drive, a lot of their success as a friend will depend on you. Get on it... a huge part of being a good friend includes taking the risk of reaching out and inviting someone over to your house. Summer is approaching, there is no time like the present!

If you want more information, practical tools and tips regarding making friends or if you have concerns regarding your child's peer relationships, contact me by phone at (402) 715-8773 or email me anytime at nscole@mpsomaha.org

Respectfully,

Nancy Cole, Community Counselor

Kids Cruisin' Kitchen Locations & Times

Weekdays from May 29 to August 10



Site	Address	Serve Time	Look for this truck
Martinview MHP	2007 Betz Rd., Bellevue, NE 68005	11:00 a.m. - 11:30 a.m.	
Bellevue Public Library	1003 Lincoln Rd., Bellevue, NE 68005	12:00 p.m. - 12:45 p.m.	
OHA Southside	5511 S 30th St., Omaha, NE 68107	1:15 p.m. - 2:00 p.m.	
Chandler Point	3025 Kansas Dr., Bellevue, NE 68005	2:15 p.m. - 2:45 p.m.	
The Beautiful Gate	3003 Leavenworth St., Omaha, NE 68105	6:00 p.m. - 6:30 p.m. Only Wednesdays	
OHA Spencer	2910 Spencer St., Omaha, NE 68111	11:00 a.m. - 11:30 a.m.	
Washington Library	2868 Ames Ave., Omaha, NE 68111	11:45 a.m. - 12:15 p.m.	
Baright Public Library	5555 S 77th St., Ralston, NE 68127	12:45 p.m. - 1:15 p.m.	
Crestview	7241 Edna Crt., LaVista, NE 68128	1:45 p.m. - 2:15 p.m.	
Lions Park	16th and Park St., Blair, NE	11:00 a.m. - 11:30 a.m.	
Bluff Cherry Hills	6510 N 107th St., Omaha, NE 68122	12:15 p.m. - 12:45 p.m.	
Pine Tree	10351 Hamilton Plz., Omaha, NE 68114	1:00 p.m. - 1:30 p.m.	
Maplewood Estates	12801 Spaulding Plz., Omaha, NE 68164	1:45 p.m. - 2:15 p.m.	
Heartland Hope Mission	2021 U St., Omaha, NE 68107	5:15 p.m. - 6:15 p.m. Only Tuesdays	
Pines on Q	8633 Q Plz., Omaha, NE 68127	11:00 a.m. - 11:30 a.m.	
LCC of South Omaha	2302 M St., Omaha, NE 68107	12:00 p.m. - 12:45 p.m.	
Sunset Ridge	13106 C Plz., Omaha, NE 68144	1:15 p.m. - 2:00 p.m.	
Twin Rivers YMCA	6100 Twin Rivers Cir., Valley, NE 68064	8:00 a.m. - 9:00 a.m. & 12:00 p.m. - 1:00 p.m.	
Timber Creek	6816 S 137th Plz., Omaha, NE 68137	11:00 a.m. - 11:30 a.m.	
Good News Church	7415 Hickory St., Omaha, NE 68124	12:00 p.m. - 12:30 p.m.	
YMCA South	3010 R St., Omaha, NE 68107	12:00 p.m. - 1:00 p.m.	
Upward Bound	720 N 87th St., Omaha, NE 68114	8:00 a.m. - 8:30 a.m. & 12:30 p.m. - 1:00 p.m.	
All Saints	1248 S 10th St., Omaha, NE 68108	8:00 a.m. - 9:00 a.m. & 12:00 p.m. - 1:00 p.m.	
North Star	4242 N 49th St., Omaha, NE 68104	7:00 a.m. - 9:00 a.m. & 11:30 a.m. - 1:30 p.m.	
Solomon Girls	6340 N 30th St., Omaha, NE 68111	7:30 a.m. - 8:45 a.m. & 11:30 a.m. - 1:00 p.m.	
Hope Center	2200 N 20th St., Omaha, NE 68110	4:30 p.m. - 5:30 p.m.	
		Drop site (Meal served at site)	
		Drop site	
		Drop site	
		Drop site	
		Drop site Serving June 4 - July 12	
		Drop site Serving June 4 - July 27	
		Drop site Serving June 4 - July 27	
		Drop site Serving June 4 - July 27	
		Drop site Serving June 4 - August 8	

Note: KCK will not serve on July 4.

Family Support Summer Resource Information

Summer Meals Being Served in Your Community for Kids and Teens

Holling Heights
6565 South 136th Street
Omaha, NE 68137

June 4th thru July 27th, 2018
Breakfast 8:00 am – 9:00 pm
Lunch 11:00 am – 1:00 pm

Millard South High School
14905 Q Street
Omaha, NE 68137

June 4th thru July 13th, 2018
Breakfast 7:15 am – 9:00 am
Lunch 10:45 am – 12:30 pm

*Any parent or adult that accompanies a child is eligible for a free meal.
**No service July 4th, 2018 at either site.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. This institution is an equal opportunity provider.

Kids Cruisin' Kitchen

Free meals to all children 18 and under.

Sunset Ridge Apartments
13106 'C' Plaza
(Across from Skate Daze)

May 29th thru August 10th, 2018
1:15 pm – 2:00 pm

Pines on 'Q'
8633 'Q' Plaza

May 29th thru August 10th, 2018
11:00 am – 11:30 pm

Timber Creek
6816 S137th Plaza

May 29th thru August 10th, 2018
11:00 am -11:30 am Drop Site only

**No service July 4th, 2018 at any sites

Food Pantries

Heartland Hope Mission

Lords of Hosts Church
139th and 'Q' Street
(402) 733-1904

2nd Saturday of the month
10:30 am – 11:30 am

Last Wednesday of the month
1:30 pm – 3:30 pm

*Need Photo ID, SS#, & proof of address

Community Cupboard

Countryside Community Church
8787 Pacific Street
(402) 391-0350

1st Saturday of the month
9:00 am – 11:30 am

June 2, 2018

July 7, 2018

August 4, 2018

*No Restrictions

OTHER COMMUNITY RESOURCES

Dental Van

(Sponsored by One World Health)

Millard students are eligible to receive services at no charge to parents.

Bryan Elementary

July 18th – July 20th

July 23rd – July 27th

Must make an appointment with Kelly Peterson before arrival.

(402) 734-4110 ex 1315

Family Support

Boys Town National Hotline

1-800-448-3000

Nebraska Family Helpline

1-888-866-8660

United Way

2-1-1

Region VI

(402) 996-8377

Please contact your school's social worker with any questions.

Nancy Cole, 402-715-8773, nscole@mpsomaha.org



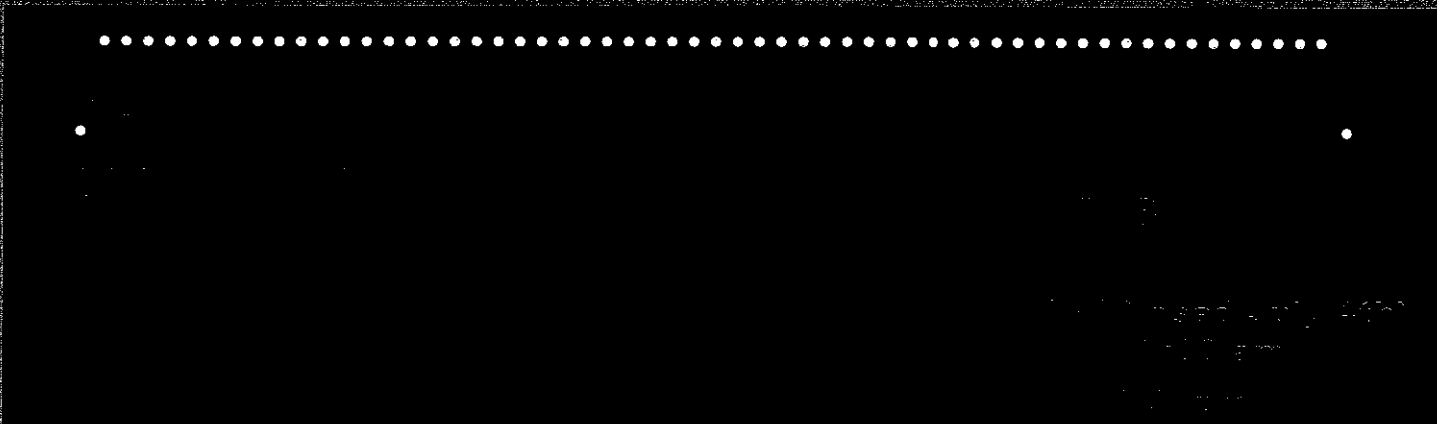
United States Department of Agriculture

School's Out!

POWER UP
for
SUMMER Fun!



Did you know there are free activities and meals available in your community for your kids and teens this summer?



No cost or enrollment required.
Open to all children under 18.

